

# Lunch

Served from 11a–2:30p

## SANDWICHES

**SPECIALTY** Served with chips and our daily side.

**A5 GRILLED CHEESE** .....9

Smoked gouda, balsamic caramelized onions, asiago bread.  
Add ham or bacon +2

**HOUSE ROASTED TURKEY**..... 11

Sliced turkey, white cheddar, peach-bourbon chutney, lettuce,  
pickled red onion, sunflower wheat bread.

**CLASSIC TUNA**..... 11

Our Classic tuna salad on sunflower wheat.  
Topped with avocado and potato chips.

**CHICKEN SALAD** .....9

Diced chicken, toasted pecans, celery, herbs, mayo,  
crisp lettuce, raisin pecan bread.

**THE VEGETARIAN**.....9

Lemon-cilantro hummus, avocado, romaine, peppadews,  
cucumbers, lemon confit, sunflower wheat.

**DELI** Served with chips.

**GRILLED CHEESE** ..... 6

Choose a bread and cheese below.

**HAM** ..... 7

On your choice of bread. Mayo, lettuce and tomato  
on request. Add Cheese +1

**TURKEY**..... 8

On your choice of bread. Mayo, lettuce and tomato  
on request. Add Cheese +1

**PB&J** .....6

On your choice of bread.

**BREADS:** White, Asiago, Rye, Sunflower Wheat

**CHEESE:** Smoked Gouda, White Cheddar, Swiss,  
White American

**SOUPS** Served with Blue Dog baguette.

**CREAMY TOMATO** ..... Cup 3.5/Bowl 5

**DAILY SOUP** See daily board ..... Cup 3.5/Bowl 5

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**ATLANTIC** <sup>NO</sup>5

605 W. Main St. - 502.883.3398

## COMBOS

Served with Blue Dog baguette or chips.

Sub for daily side +1.50. Sub for fruit salad +2.

**CHOOSE 2 OF THE FOLLOWING** .....8

- 1/2 Deli Sandwich (add cheese +.50)
- Bowl of Soup (Creamy Tomato or Daily)
- A5 House Salad (Powerhouse Salad +1)

**1/2 SPECIALTY SANDWICH** ..... 10

With Choice of:

- Bowl of Soup (Creamy Tomato or Daily)
- A5 House Salad (Powerhouse Salad +1)

Add Chicken +1.50; Add Salmon +2.50;

Add 1/2 Hard Boiled Egg +.75.

## SALADS & BOWLS

**MEDITERRANEAN TUNA SALAD** ..... 11

Mediterranean-style tuna salad, cucumbers, olives, hard-boiled  
egg, pickled onion, balsamic vinaigrette.

Served with Blue Dog baguette.

**HUMMUS BOWL** ..... 10

Lemon-cilantro hummus, romaine, peppadews, olives,  
toasted chickpeas, Labna, feta, lavosh.

**CHICKEN SALAD BOWL**.....9

Fresh greens, balsamic vinaigrette. Served with daily side.

Sub fruit salad +.50. Add Blue Dog baguette +2

**TUNA SALAD BOWL** .....9

Fresh greens, balsamic vinaigrette, Classic or Mediterranean  
tuna salad. Served with daily side.

Sub fruit salad +.50. Add Blue Dog baguette +2

**POWERHOUSE SALAD**.....9

Fresh greens, dried cranberries, edamame, toasted chickpeas,  
sliced cucumber, pickled red onion, caramelized sunflower seeds.

Served with Blue Dog baguette.

**A5 HOUSE SALAD** .....6

Fresh greens, pickled red onion, sliced cucumber,  
caramelized sunflower seeds. Served with Blue Dog baguette.

**DRESSING:** Balsamic or Creamy Herb Dressing.

**ADDITIONS:**

Add Hard-Boiled Egg +1.5; Add Chicken +2.5;

Add Smoked Salmon +3.75.

## À LA CARTE

Daily Side ..... 2 Sm / 5 Lg

Fruit Salad ..... 2.5 Sm / 5 Lg

Hard Boiled Egg ..... 1.5

Deli Salad ..... 3.5/4oz :: 7/8oz

- Chicken, Classic Tuna, or Mediterranean Tuna